Spa Package Lunch Menu

As part of your spa package please select either a Starter and Main or a Main and Dessert.
You are more than welcome to add a third course at an additional charge.
Available Monday - Saturday
On Sunday please ask for this week's Carvery Menu

STARTER

(Vg) Pitted Black & Green Olives
Marinated with Rosemary & Garlic

(V,MVg) Continental Bread Selection (g,m,su)
Balsamic Vinegar - Laverbread Butter

(V) Sun-blushed Cherry Tomatoes & Mozzarella Pearls (m,so)

(V,MVg) Chef's Soup (so,g,c,m)
Crusty Bread - Butter - Please enquire with your server for today's special and allergens

(Vg) Beetroot Borani (so,n,g)
Flatbread - Pistachios - Pomegranate

Crispy Belly Pork (su,so,s)
Pickled Radish - Spring Onion - Yuzu Oil - Five Spice Glaze

MAIN

Carreg Steak Burger (g,m,su,s)
Smoked Cheese - Gem - Beef Tomato - Gherkins - Onion Marmalade - Black Garlic Mayo - Home Cut Chips

(Vg) Crispy Parmesan Polenta Cake (c,so)
Heritage Vegetables - Wild Mushrooms - Cavolo Nero - Tomato & Herb Sauce

Fish & Chips (f,so,su,m)
Battered Fish - Pea & Leek Fricassée - Chargrilled Lemon - Laverbread Tartare Sauce - Home Cut Chips

Seafood Ravioli (g,cr,e,m,f,c,mo)
Crab Ravioli - Crayfish - Mussels - Squid - Prawns - Chive Velouté

Cajun Chicken (su,so,g,m,e,mu)
Open Flatbread - Spring Onions - Cajun Mayo - Parmesan - Rocket

Ham, Egg & Chips (so,e,su,m,g)
Honey Roast Ham - Two Fried Eggs - Home Cut Chips - Hollandaise Sauce - Watercress

DESSERT

(V,MVg) Chef's Cheesecake
Please enquire with your server for today's special and allergens

(V) White Chocolate & Raspberry Crème Brulée (e,m,g)
Checkered Shortbread - Raspberry Textures

(V,MVg) Trio of Sorbet or Ice Cream (m)
Fresh Berries

Please advise us of any dietary requirements or concerns that you may have.
Although every effort is made to correctly identify all allergens contained in our dishes, please note that such products are stocked and used in our kitchens.

Our menus are designed using fresh unprocessed produce wherever possible.
Although every care is used, please be aware that seafood dishes may contain fish bones and shell fragments, and game dishes may contain shot.

Please note: The oil used in some of our products is genetically modified (GM) oil.

Allergy Key: (V) Vegetarian; (Vg) Vegan; (MVg) Modified Vegan; (c) Celery; (cr) Crustacean; (e) Egg; (f) Fish; (g) Gluten; (l) Lupin; (m) Milk; (mu) Mustard; (mo) Mollusc; (n) Nut; (pn) Peanut; (s) Sesame; (so) Soya; (su) Sulphur